

Struk Zoryana D.<sup>1</sup>, Mel'nyk Oksana I.<sup>2</sup>, Zukow Walery<sup>3</sup>, Popovych Igor L.<sup>1,4</sup>. The diversity of immune reactions to balneotherapy and their accompaniments. *Journal of Education, Health and Sport*. 2019;9(11):349-373. eISSN 2391-8306. DOI <http://dx.doi.org/10.12775/JEHS.2019.09.11.033> <https://apcz.umk.pl/czasopisma/index.php/JEHS/article/view/JEHS.2019.09.11.033> <https://zenodo.org/record/3666932>

The journal has had 5 points in Ministry of Science and Higher Education parametric evaluation. § 8. 2) and § 12. 1. 2) 22.02.2019.

© The Authors 2019;

This article is published with open access at Licensee Open Journal Systems of Kazimierz Wielki University in Bydgoszcz, Poland

Open Access. This article is distributed under the terms of the Creative Commons Attribution Noncommercial License which permits any noncommercial use, distribution, and reproduction in any medium, provided the original author (s) and source are credited. This is an open access article licensed under the terms of the Creative Commons Attribution Non commercial license Share alike. (<http://creativecommons.org/licenses/by-nc-sa/4.0/>) which permits unrestricted, non commercial use, distribution and reproduction in any medium, provided the work is properly cited.

The authors declare that there is no conflict of interests regarding the publication of this paper.

Received: 25.10.2019. Revised: 04.11.2019. Accepted: 30.11.2019.

## THE DIVERSITY OF IMMUNE REACTIONS TO BALNEOTHERAPY AND THEIR ACCOMPANIMENTS

Zoryana D. Struk<sup>1</sup>, Oksana I. Mel'nyk<sup>2</sup>, Walery Zukow<sup>3</sup>, Igor L. Popovych<sup>1,4</sup>

<sup>1</sup>Ukrainian Scientific Research Institute of Medicine for Transport, Odesa, Ukraine

<sup>2</sup>Danylo Halyts'kyi National Medical University, L'viv, Ukraine [omelnyk7@gmail.com](mailto:omelnyk7@gmail.com)

<sup>3</sup>Nicolaus Copernicus University, Torun, Poland [w.zukow@wp.pl](mailto:w.zukow@wp.pl)

<sup>4</sup>OO Bohomolets' Institute of Physiology, Kyiv, Ukraine [i.popovych@biph.kiev.ua](mailto:i.popovych@biph.kiev.ua)

### Abstract

**Background.** Earlier have been shown that the immune responses to course of drinking of Naftussya bioactive water from Truskavet's spa are ambiguous and individual. However, at Truskavets' spa water monotherapy is a rare exception for specific contingents, whereas the vast majority of patients use a balneotherapy complex: drinking of Naftussya, application of ozokerite and mineral baths. The immune responses to balneotherapeutic complex are also ambiguous which is a separate manifestation of the multivariate effects of balneological agents as well stressors on the body. Therefore, the **purpose** of this study is to analyze variants of immune responses to balneotherapeutic complex of Truskavets' spa. **Material and methods.** The object of observation were 34 men and 10 women aged 24-70 years old, who came to the Truskavets' spa for the treatment of chronic pyelonephritis combined with cholecystitis in remission. The survey was conducted twice, before and after balneotherapy (drinking Naftussya bioactive water three times a day, ozokerite applications, mineral baths every other day for 7-10 days). Immune status evaluated on a set of I and II levels recommended by the WHO. In portion of capillary blood we counted up Leukocytogram and calculated two variants of Adaptation Index as well as two variants of Strain Index by IL Popovych. We calculated also the Entropy of Immunocytogram and Leukocytogram. The condition of Microbiota is evaluated on the results of sowing of feces and urine. **Results.** Four variants of the immune responses to balneotherapeutic complex have been identified. In 40,9% of patients, initially normal immune status did not change significantly. In 31,8%, the lower boundary level of immunity is completely normalized. In 22,7% moderate immunosuppression is reduced, but not up to normal. However, in 4,5% of people, initially normal level of immunity are transformed into moderate immunosuppression. Discriminant analysis was conducted to identify exactly the parameters of the immunity and microbiota, in which the four immune response clusters differ significantly from each other. 24 parameters were characteristic, 12 of them related to the immune parameters of the blood, one of the saliva, 5 of the feces microbiota and 3 related to urinary syndrome as well as 4 parameters are information. The other 25 parameters were outside the discriminatory model. **Conclusion.**

The immunotropic effect of balneotherapy on certain individuals is not effective enough, and in some cases even unfavorable.

**Key words:** Immunity, Microbiota, Urinary syndrome, Balneotherapy, Truskavets' spa.

## INTRODUCTION

Earlier have been shown that the immune responses to course of drinking of Naftussya bioactive water from Truskavet's spa are ambiguous and individual [11,26-30,32]. However, at Truskavets' spa water monotherapy is a rare exception for specific contingents, whereas the vast majority of patients use a balneotherapy complex: drinking of Naftussya, application of ozokerite and mineral baths [20]. The immune responses to ozokerite in partial [8,9,20,22] and balneotherapeutic complex in general [13,14,25] are also ambiguous which is a separate manifestation of the multivariate effects on the body of balneological agents as adaptogens as well as stressors [2,4,6,7,16,17,24]. Therefore, the **purpose** of this study is to analyze variants of immune responses to balneofactors of Truskavets' spa.

## MATERIAL AND METHODS

The object of observation were 34 men and 10 women aged 24-70 years old, who came to the Truskavets' spa for the treatment of chronic pyelonephritis combined with cholecystitis in remission. The survey was conducted twice, before and after ten-day balneotherapy (drinking Naftussya bioactive water three times a day, ozokerite applications, mineral baths every other day) [20].

In portion of capillary blood we counted up Leukocytogram (LCG) (Eosinophils, Stab and Segmentonucleary Neutrophils, Lymphocytes and Monocytes) and calculated two variants of Adaptation Index as well as two variants of Strain Index by IL Popovych [3,13,18].

$$\text{Strain Index-1} = [(Eo/3,5-1)^2 + (SN/3,5-1)^2 + (Mon/5,5-1)^2 + (Leu/6-1)^2]/4$$

$$\text{Strain Index-2} = [(Eo/2,75-1)^2 + (SN/4,25-1)^2 + (Mon/6-1)^2 + (Leu/5-1)^2]/4$$

Immune status evaluated on a set of I and II levels recommended by the WHO as described in the manuals [10,15]. For phenotyping subpopulations of lymphocytes used the methods of rosette formation with sheep erythrocytes on which adsorbed monoclonal antibodies against receptors CD3, CD4, CD8, CD22 and CD56 from company "Granum" (Kharkiv) with visualization under light microscope with immersion system. Subpopulation of T cells with receptors high affinity determined by test of "active" rosette formation. The state of humoral immunity judged by the concentration in serum circulating immune complexes (by polyethylene glycol precipitation method) and Immunoglobulins classes M, G, A (ELISA, analyser "Immunochem", USA). In addition, the saliva level of secretory IgA, IgA and IgG was determined as well as lysozime (by bacteriolysis of *Micrococcus lysodeikticus*).

We calculated also the Entropy (h) of Immunocytogram (ICG) and Leukocytogram (LCG) using formulas [19,21,34], adapted from classical CE Shannon's formula [33]:

$$hICG = - [CD4 \cdot \log_2 CD4 + CD8 \cdot \log_2 CD8 + CD22 \cdot \log_2 CD22 + CD56 \cdot \log_2 CD56] / \log_2 4$$

$$hLCG = - [L \cdot \log_2 L + M \cdot \log_2 M + E \cdot \log_2 E + SNN \cdot \log_2 SNN + StubN \cdot \log_2 StubN] / \log_2 5$$

Parameters of phagocytic function of neutrophils estimated as described by SD Douglas and PG Quie [5] with moderately modification by MM Kovbasnyuk [23]. The objects of phagocytosis served daily cultures of *Staphylococcus aureus* (ATCC N 25423 F49) as typical specimen for Gram-positive Bacteria and *Escherichia coli* (O55 K59) as typical representative of Gram-negative Bacteria. Both cultures obtained from Laboratory of Hydro-Geological Regime-Operational Station JSC "Truskavets'kurort". Take into account the following parameters of Phagocytosis: activity (percentage of neutrophils, in which found microbes -

Hamburger's Phagocytic Index (Phi), intensity (number of microbes absorbed one phagocytes - Microbial Count MC or Right's Index) and completeness (percentage of dead microbes - Killing Index KI). On the basis of the recorded partial parameters of Phagocytosis, taking into account the Neutrophils (N) content of 1 L blood, we calculated the integral parameter - Bactericidal Capacity of Neutrophils (BCCN) by the formula [13,23]:

$$BCCN (10^9 \text{ Bact/L}) = N (10^9/\text{L}) \cdot \text{Phi} (\%) \cdot \text{MC} (\text{Bact/Phag}) \cdot \text{KI} (\%) \cdot 10^{-4}$$

In addition, the blood level of cytokines IL-1, IL-6 and TNF- $\alpha$  was determined (by the ELISA with the use of analyzer "RT-2100C" and corresponding sets of reagents from "Diactone", France).

The condition of Microbiota is evaluated on the results of sowing of feces and urine.

Norms are borrowed from the database of the Truskavets' Scientific School of Balneology.

Results processed by methods of cluster [1] and discriminant [12] analyses, using the software package "Statistica 5.5".

## RESULTS AND DISCUSSION

In order to evaluate the immune responses on a single scale according recommendation by IL Popovych [7,13] immune variables (V) expressed as Z-scores calculated by formula:

$$Z = (V/N - 1)/Cv, \text{ where}$$

N is Mean of Normal Variable,

Cv is Coefficient its variation.

Z-scores of eleven key immune parameters were used to calculate the Immune Status Index (ISI) by the formula:

$$ISI = (BCCN \text{ vs St. aur.} + BCCN \text{ vs E. coli} + CIC + IgM + IgG + IgA + B + NK + Th + Tc + Ta) / 11.$$

Preliminary analysis [31] has shown that in different patients, individual ISI respond to balneotherapy not only in varying degrees, but even in the opposite way. The next phase was conducted Cluster analysis of ISI before and after balneotherapy. Clustering cohort of persons is realized by iterative k-means method. In this method, the object belongs to the class Euclidean distance to which is minimal. The main principle of the structural approach to the allocation of uniform groups consists in the fact that objects of same class are close but different classes are distant [1].

As a result, four groups of persons were created, significantly different from each other in terms of ISI (Table 1), while the differences between the members of each group were much smaller (Table 2).

**Table 1. Euclidean Distances between Clusters**

Distances below diagonal, Squared distances above diagonal

Clusters	No. 1	No. 2	No. 3	No. 4
No. 1	0,00	1,34	,91	1,11
No. 2	1,16	0,00	,31	,45
No. 3	0,95	0,56	0,00	1,13
No. 4	1,05	0,67	1,06	0,00

**Table 2. Members of Clusters and Distances from Respective Cluster Center**

Cluster Number 3 contains 18 cases

	Cas No.	Cas No.	Cas No.	Cas No.	Cas No.	Cas No.	Cas No.	Cas No.	Cas No.	Cas No.	Cas No.	Cas No.	Cas No.	Cas No.	Cas No.	Cas No.	Cas No.	Cas No.
	C18	C19	C20	C21	C22	C23	C24	C25	C26	C29	C31	C32	C33	C34	C35	C36	C37	C40
D	,20	,18	,24	,12	,11	,31	,45	,33	,08	,14	,07	,28	,24	,44	,24	,15	,37	,23

Cluster Number 2 contains 14 cases

	Case No.	Case No.	Case No.	Case No.	Case No.	Case No.	Case No.	Case No.	Case No.	Case No.	Case No.	Case No.	Case No.	Case No.
	C 6	C 7	C 8	C 9	C 10	C 11	C 12	C 14	C 15	C 16	C 17	C 28	C 30	C 38
Distance	,15	,06	,23	,21	,23	,27	,05	,14	,28	,58	,31	,21	,18	,13

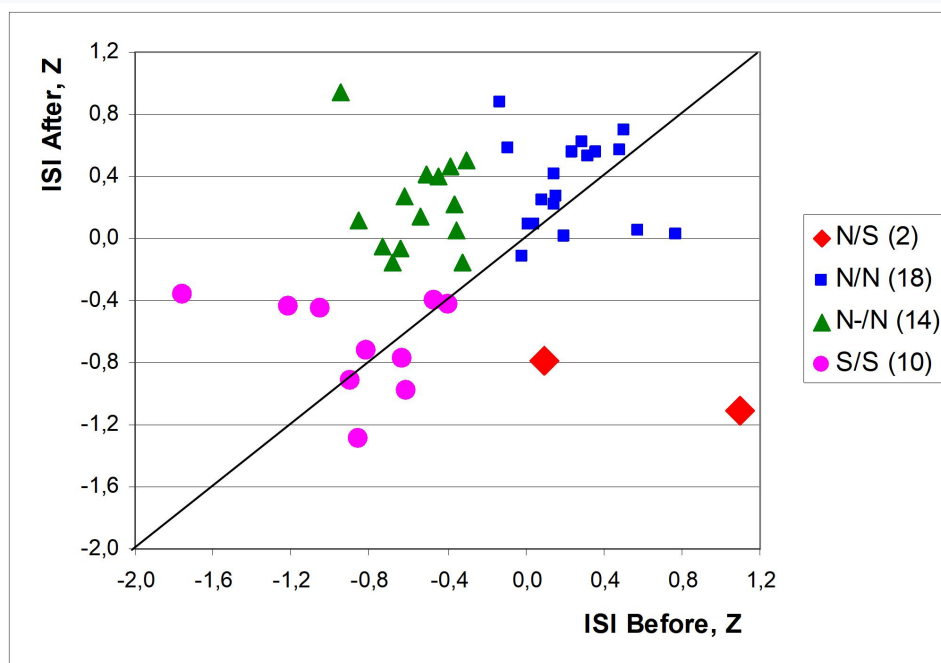
Cluster Number 4 contains 10 cases

	Case No.	Case No.	Case No.	Case No.	Case No.	Case No.	Case No.	Case No.	Case No.	Case No.
	C 2	C 3	C 4	C 5	C 13	C 39	C 41	C 42	C 43	C 44
Distance	,05	,20	,30	,67	,34	,38	,17	,28	,18	,44

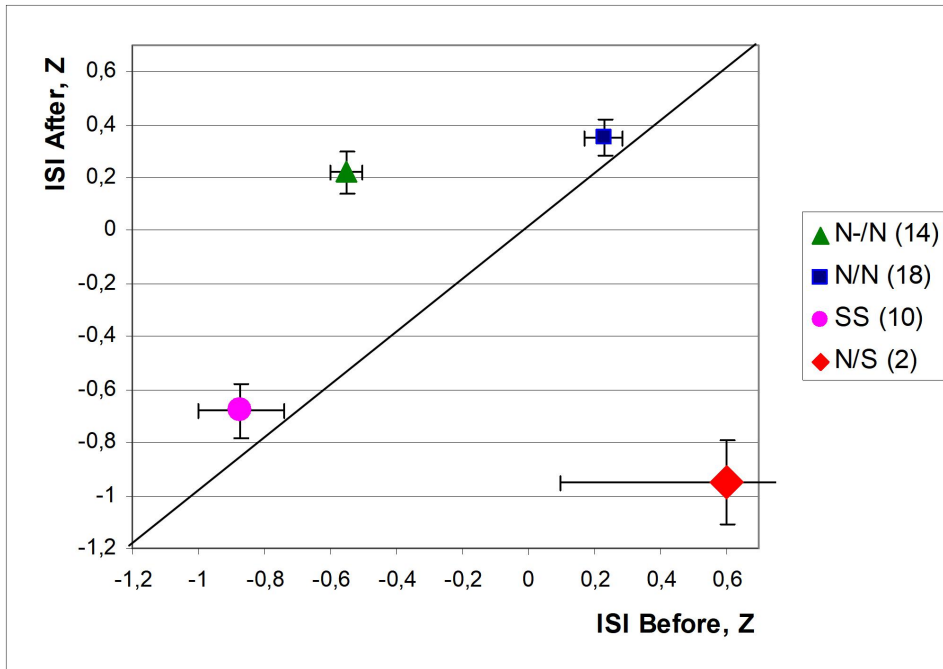
Cluster Number 1 contains 2 cases

	Case No.	Case No.
	C 1	C 27
Distance	,37	,37

Immune response options are visualized in Figs. 1 and 2. **Cluster №3** (40,9% of the sample), whose members are characterized by a stable normal (N) immune status, appeared to be the largest, which is quite expected given the remission phase of the chronic inflammatory process. In members of **cluster №2** (31,8%), the lower boundary level of immunity (N-) was completely normalized (N), indicating a **favorable** immunotropic effect of balneotherapy. In members of **cluster №4** (22,7%), moderate immunosuppression (S) was reduced but not sufficient. However, in two patients of **cluster №1** (4,5%), initially normal immune status (N) was transformed into moderate immunosuppression (S). Therefore, the immunotropic effect of balneotherapy on certain individuals is not effective enough, and in some cases even **unfavorable**.

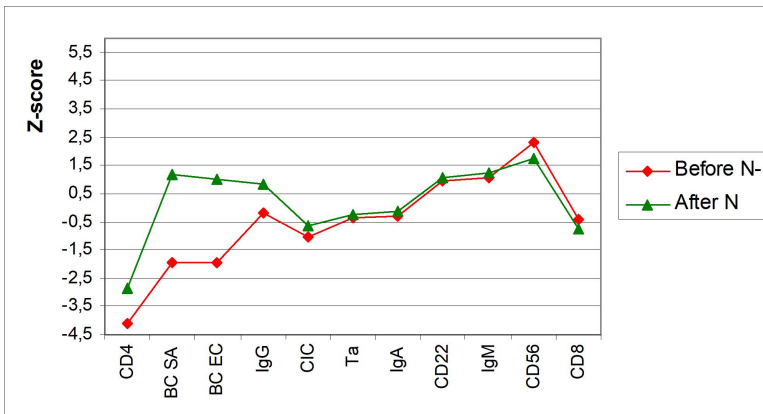


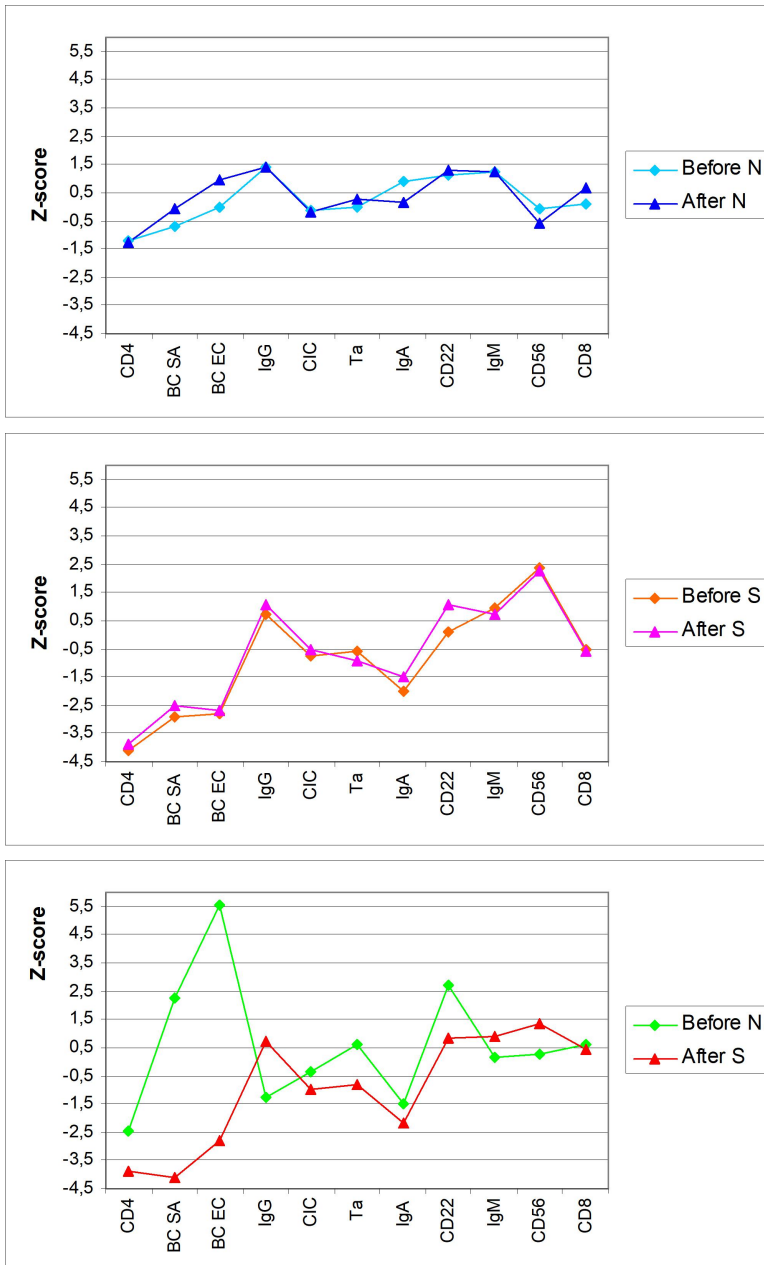
**Fig. 1. Individual immune status indexes (ISI) before (axis X) and after (axis Y) balneotherapy in members of different clusters of immune responses**



**Fig. 2. Average values (Mean±SE) of immune status indexes (ISI) before (axis X) and after (axis Y) balneotherapy in members of different clusters of immune responses**

By constructing immune profiles, it was revealed (Fig. 3) that in patients of the **N-/N** cluster, moderately reduced bactericidity of neutrophils against both types of bacteria and lower-bound IgG levels increase to the upper zone of normal, whereas significantly expressed T-helper deficiency is only diminished, and the upper boundary level of NK cells and normal levels of the other major parameters of the immune status do not change significantly.





**Fig. 3. Profiles of the parameters of immunity, by which the ISI is calculated**

In the **N/N** cluster, all 11 immune parameters do not respond to balneotherapy factors, remaining in the range of  $\pm 1,5\sigma$ .

The stability of the immune status also occurs in the members of the **S/S** cluster, but negative, because along with the stable normal 7 parameters do not change significantly or significantly reduced levels of T-helper and bactericidity, nor moderately increased level of NK cells.

Changes in the key parameters of the immune status of the members of the last cluster are differently expressed and differently directed. In particular, significantly increased levels of B-lymphocytes are reduced to the normal range, moderate deficiency of IgA and T-helper cells deepens, and dramatically increased bactericidal activity is transformed into significantly reduced, while IgG level moves from the lower normal to the average.

Additional immune profiles (Fig. 4) make it clear that the members of the **N-/N** cluster increase the bactericidity of neutrophils due to the completion of phagocytosis and increase of their absolute content in the blood, especially rods, while the activity and intensity of phagocytosis remain normal. This is accompanied by a normalizing increase in the level of monocytes and a decrease in the level of eosinophils.

In the **S/S** cluster, neutrophil bactericidal activity against *Staph. aureus* increases slightly due to the normalizing increase in the killing index, despite a slight decrease within the norm absolute neutrophil content. Instead, a similar increase in the *E. coli* killing index is offset by a slight decrease within the norm of activity and intensity of phagocytosis, so that the decreased bactericidal capacity against this microbe remains unchanged.

The **N/S** cluster members have a dramatic drop in the bactericidal ability of neutrophils against *E. coli* due to a decrease in all three parameters of phagocytosis in combination with a decrease in the absolute content of neutrophils in the blood. Less pronounced drop in bactericidal activity against *Staph. aureus* is caused by the preservation at the initial levels of the phagocytic index and the microbial number of neutrophils.

Instead, only a slight decrease in monocyte blood content is expected in the **N/N** cluster.

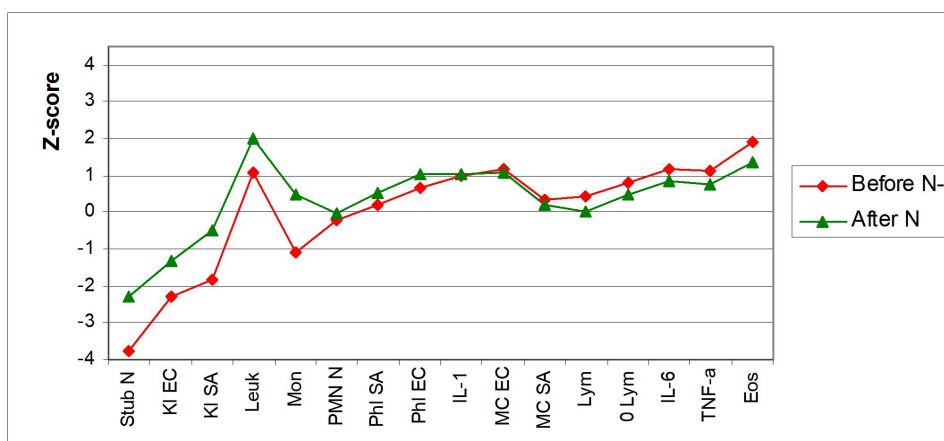
The described changes in the parameters of systemic immunity are almost not reflected either at normal levels in lysozyme, IgG and sIgS saliva, or at reduced IgA level in members of all clusters (Fig. 5).

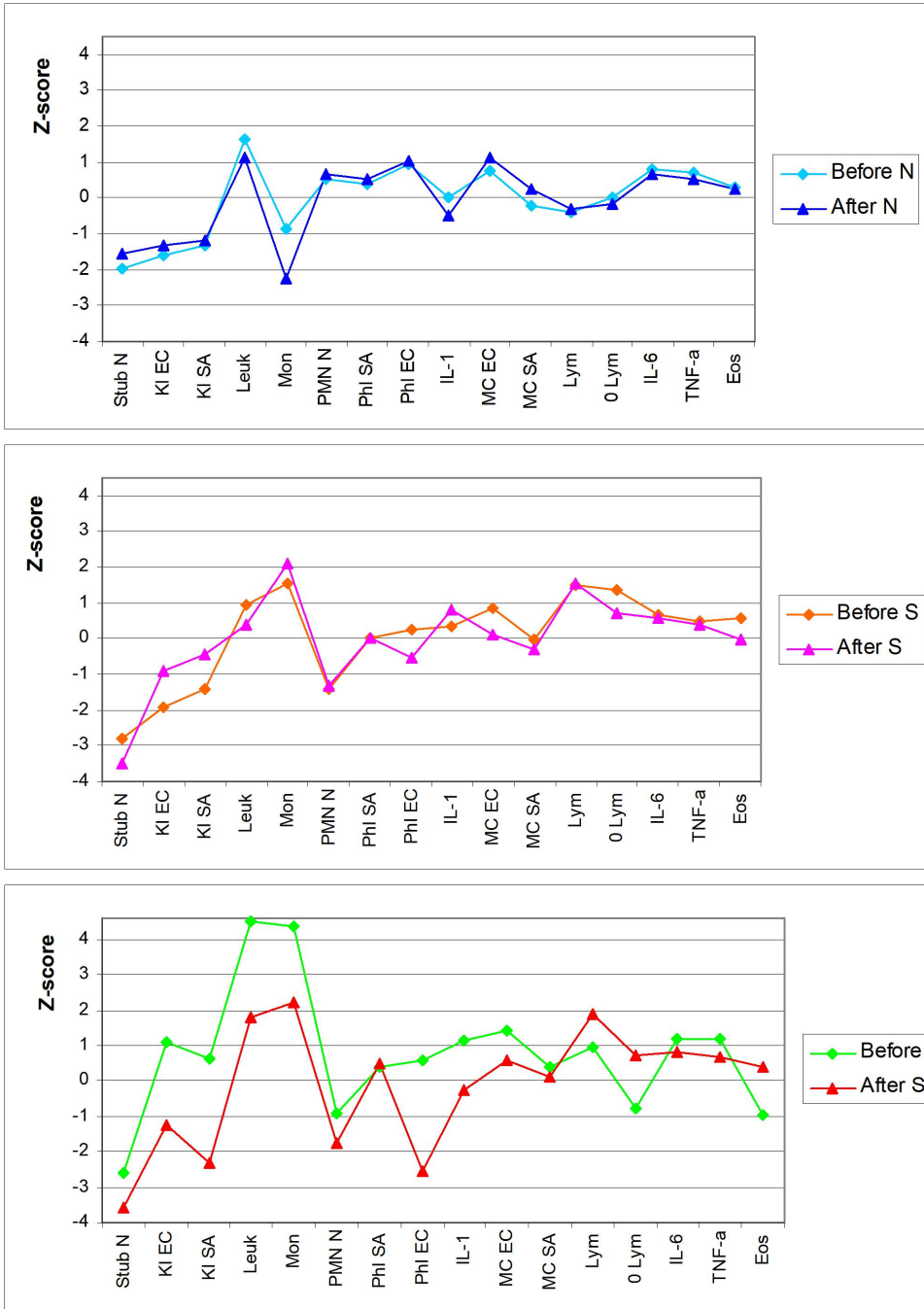
Instead, significant changes in the constellation of the feces microbiota, primarily in members of the **N-/N** cluster, have been identified. The reduced content of lactic acid microflora (*Lactobacillus* and *Bifidobacterium*) and normal *E. coli* reaches the lower zone of normal. However, the moderately elevated *E. coli hemolytica* content is completely normalized, the significantly increased *E. coli* content with impaired enzymatic activity is markedly reduced, and a similar level of *Klebsiela&Proteus* falls even to the lower normal range. Taken together, these data indicate a reduction in dysbiosis. Favorable changes in the composition of feces microbiota are accompanied by the reduction of moderate bacteriuria, leukocyturia and, to a lesser extent, erythrocyturia.

Less pronounced signs of dysbiosis and urinary syndrome in members of the **N/N** cluster exhibit less pronounced but favorable response to balneotherapy.

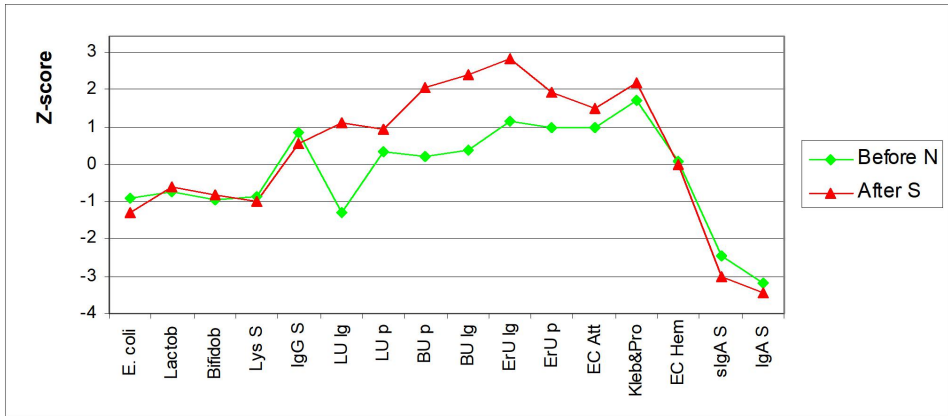
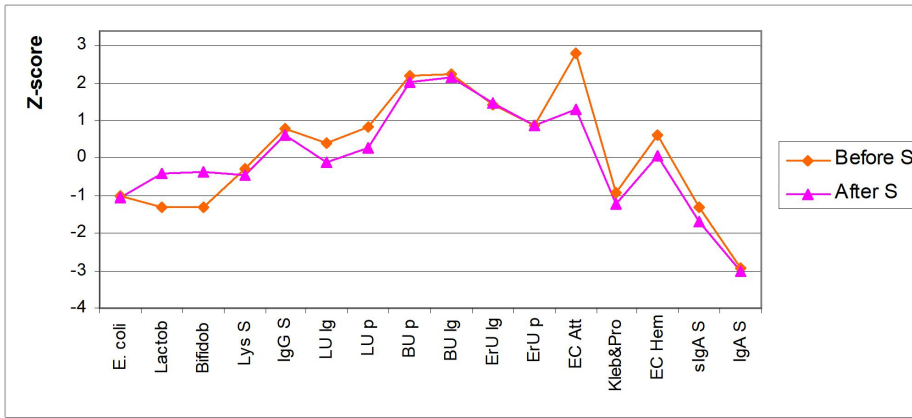
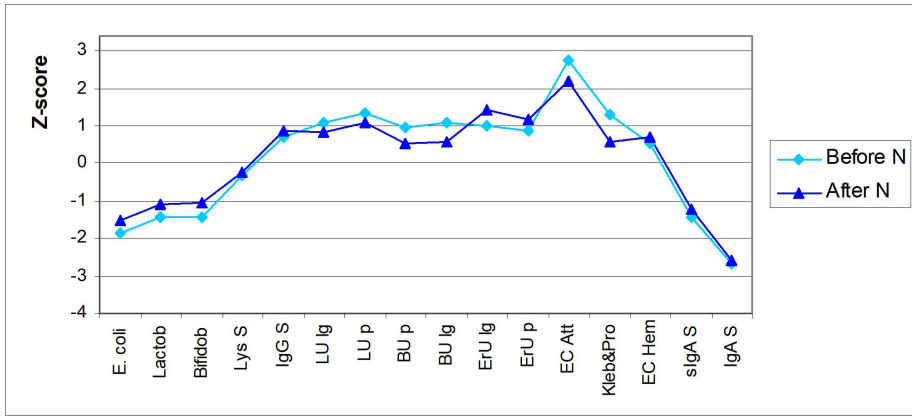
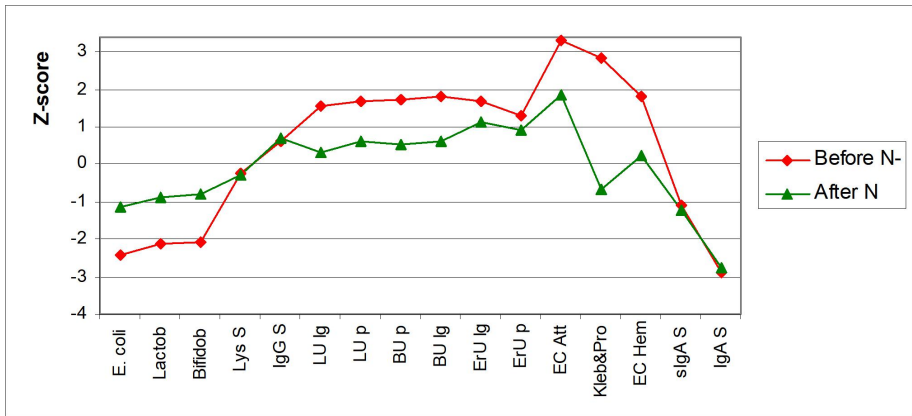
Instead, the **S/S** cluster members have no normalizing changes in fecal microbiota and leukocyturia.

In **N/S** cluster members, the development of marked bacteriuria and the growth of erythrocyturia, but not leukocyturia, is accompanied by a further increase in the content of *Klebsiela&Proteus* and *E. coli* with impaired enzymatic activity in combination with the lower boundary levels of other components of the microbiota.





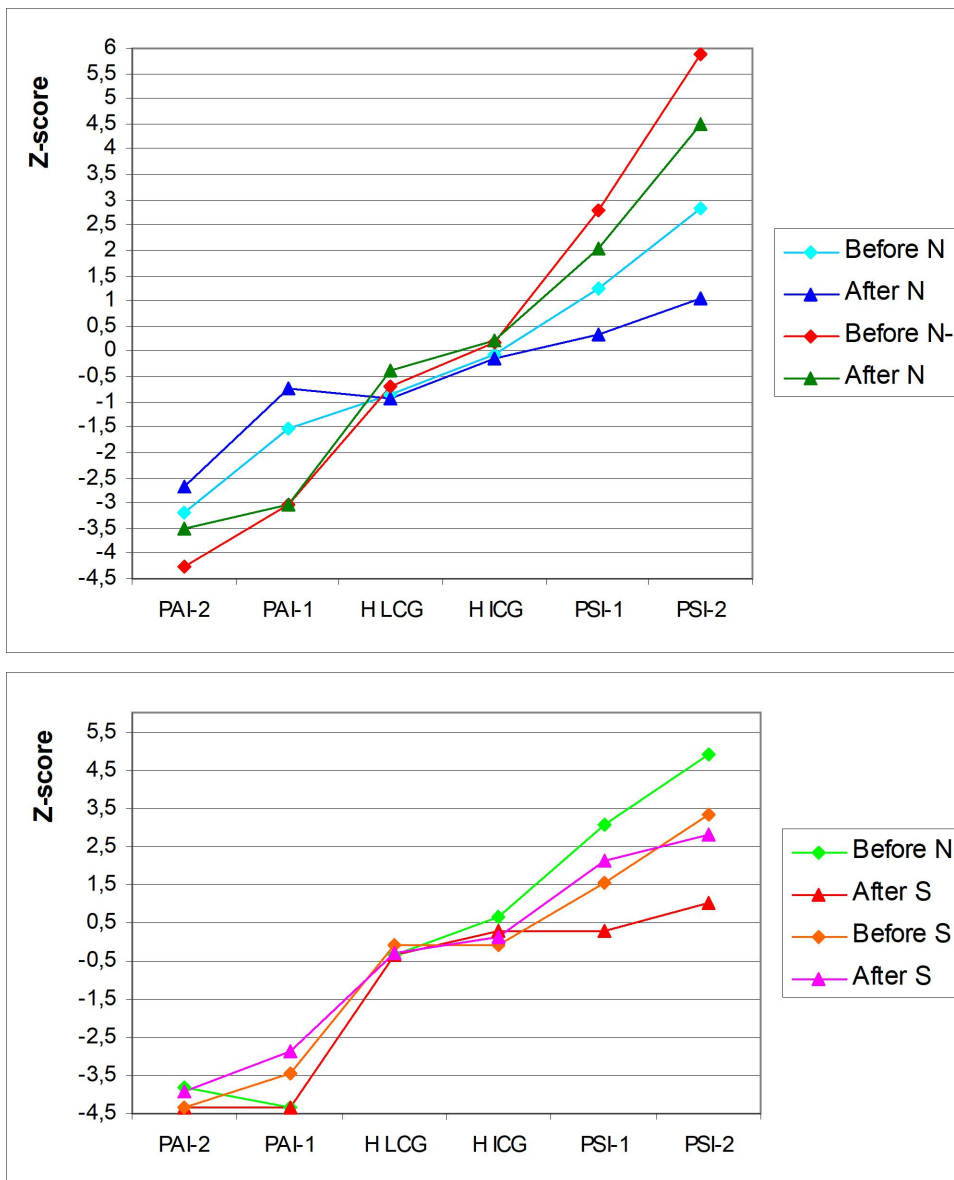
**Fig. 4. Profiles of other parameters of immunity of members of four clusters**



**Fig. 5. Profiles of immune parameters of saliva, microbiota of feces and urine as well as urinary syndrome of members of four clusters**

We now turn to the analysis of the dynamics of the so-called information indicators, calculated on the parameters of Leukocytogram and Immunocytogram. Popovych's Strain Index-2 was the most sensitive. Severely elevated in **N-/N** cluster members, it is reduced under the influence of balneotherapy but not enough (Fig. 6 top). The less markedly higher index level of **N/S** cluster members is completely normalized (Fig. 6 lower), while the even lower initial index level of **N/N** cluster members decreases only to the upper normal range (Fig. 6 upper), and of cluster members **S/S** does not respond to balneofactors (Fig. 6 lower).

Popovych's Adaptation Index, by definition, exhibits a dynamic opposite to that of the Strain Index, but less clearly. Instead, entropy levels are almost unresponsive to balneofactors, remaining stably normal.



**Fig. 6. Profiles of information parameters of Leukocytogram and Immunocytogram of N-/N and N/N clusters (top) and S/S and N/S clusters (bottom)**

In order to give an overall impression of the reactions to the balneo factors of all registered indicators, individual profiles were combined into a panorama (Fig. 7).

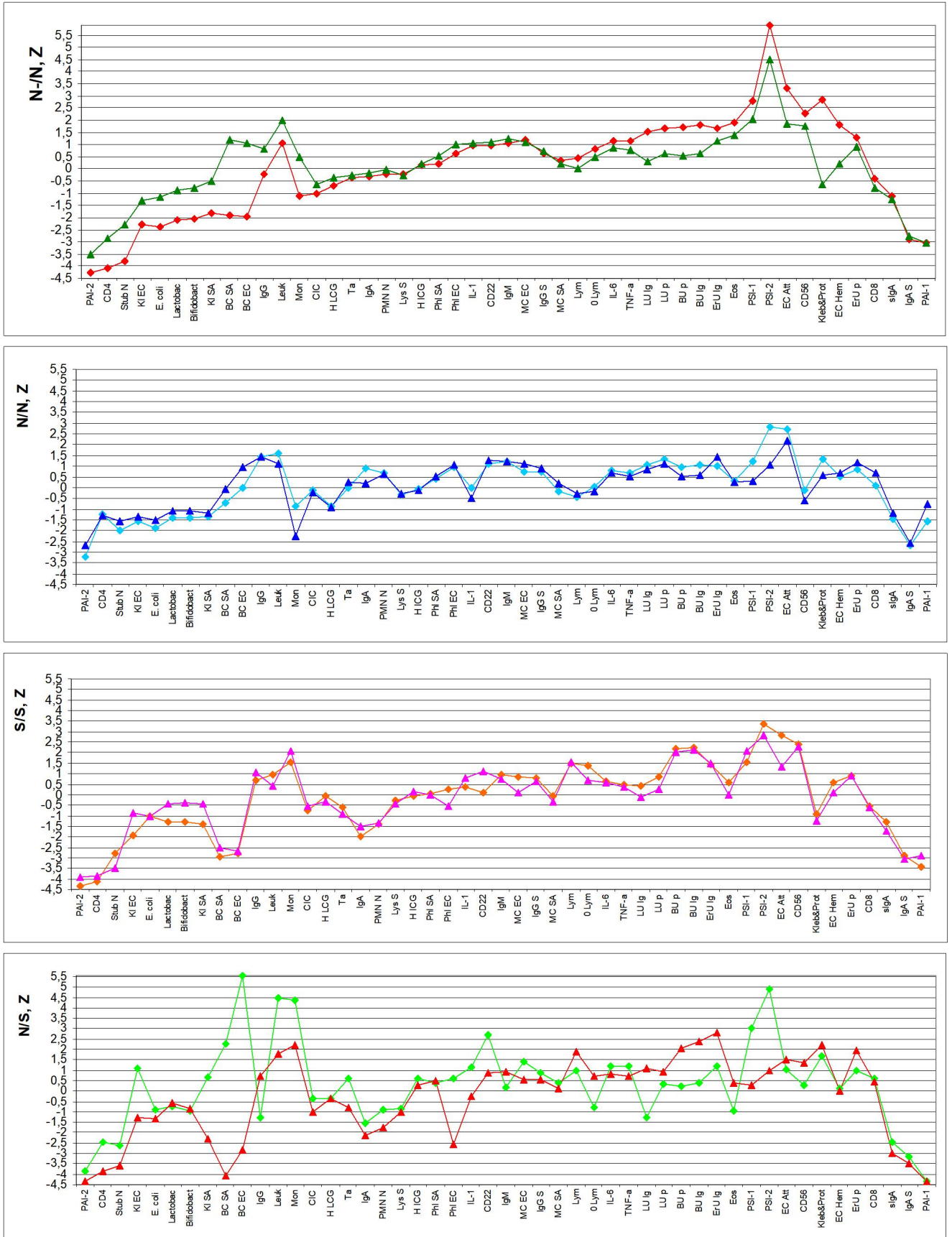


Fig. 7. Integral parameter profiles of members of four clusters

Discriminant analysis was conducted to identify exactly the parameters of the immunity and microbiota, in which the four immune response clusters differ significantly from each other. 24 parameters were characteristic, 12 of them related to the immune parameters of the **blood**, one of the **saliva**, 5 related to the **feces microbiota** and 3 to **urinary syndrome** as well as 4 parameters are so-called **information**. The other 25 parameters were outside the discriminatory model (Tables 3 and 4).

**Table 3. Discriminant Function Analysis Summary for Changes in Variables of Immunity and Microbiota in Clusters**

Step 24, N of vars in model: 24; Grouping: 4 grps

Wilks'  $\Lambda$ : 0,00166; approx.  $F_{(72)}=5,4$ ;  $p<10^{-6}$

Variables currently in the model	Clusters of Immunity: Before/After (n)				Parameters of Wilks' Statistics					Norm Cv (30)
	N/S (2)	N/N (18)	S/S (10)	N-/N (14)	Wilks $\Lambda$	Partial $\Lambda$	F-remove (3,2)	p-level	Tolerance	
<b>Bactericidity vs E. coli, 10<sup>9</sup> Bacteria/L</b>	154 71 -83	99 108 +9	71 72 +1	80 109 +29	,0026	,645	3,12	,053	,057	99 0,100
<b>Killing Index vs Staph. aureus, %</b>	64 39 -25	48 49 +1	47 55 +8	44 55 +11	,0018	,942	,35	,791	,305	58,9 0,142
<b>CD4<sup>+</sup>CD3<sup>+</sup> T-helper Lymphocytes, %</b>	31,5 27,0 -4,5	35,5 35,4 -0,1	26,2 27,0 +0,8	26,2 30,3 +4,1	,0090	,184	25,1	10 <sup>-5</sup>	,040	39,5 0,082
<b>IgG Saliva, mg/L</b>	43,0 40,6 -2,4	41,7 43,0 +1,3	42,4 41,0 -1,4	41,1 41,8 +0,7	,0029	,568	4,30	,020	,109	36 0,222
<b>CD3<sup>+</sup> T-active Lymphocytes, %</b>	33,0 26,0 -7,0	30,0 31,3 +1,3	27,0 25,4 -1,6	28,1 28,7 +0,6	,0029	,580	4,10	,023	,259	30,0 0,167
<b>Eosinophiles of Blood, %</b>	1,91 3,11 +1,20	3,01 2,99 -0,02	3,27 2,74 -0,54	4,42 3,94 -0,47	,0033	,498	5,72	,007	,139	2,75 0,318
<b>Lactobacillus faeces, lg CFU/g</b>	7,04 7,25 +0,21	6,04 6,54 +0,50	6,21 7,49 +1,28	5,05 6,84 +1,78	,0021	,803	1,39	,280	,003	8,10 0,179
<b>Killing Index vs E. coli, %</b>	73 50 -23	47 49 +2	43 53 +10	40 49 +9	,0072	,229	19,0	10 <sup>-5</sup>	,028	62,0 0,156
<b>Circulating Immune Complexes, units</b>	38 27 -11	43 41 -1	32 36 +4	27 34 +7	,0075	,220	20,0	10 <sup>-5</sup>	,098	45 0,389
<b>Leukocyturia, lg/L</b>	2,36 3,55 +1,20	3,53 3,42 -0,11	3,20 2,94 -0,26	3,77 3,16 -0,61	,0036	,462	6,59	,004	,076	3,00 0,167
<b>Popovych's Leukocytary Adaptation Index-1, points</b>	0,62 0,62 0,00	1,32 1,52 +0,20	0,84 0,98 +0,14	0,95 0,95 0,00	,0035	,472	6,35	,004	,273	1,70 0,147
<b>Segmentonucleary Neutrophiles of Blood, %</b>	49,9 45,4 -4,6	58,7 58,4 -0,3	47,2 47,6 +0,4	53,9 54,8 +0,9	,0040	,417	7,94	,002	,080	55,0 0,100
<b>Stub Neutrophiles of Blood, %</b>	2,63 2,00 -0,63	3,00 3,29 +0,28	2,51 2,07 -0,44	1,89 2,82 +0,93	,0032	,516	5,31	,009	,160	4,25 0,147
<b>Popovych's Leukocytary</b>	0,215	0,127	0,141	0,203	,0032	,517	5,30	,009	,333	0,067

<b>Strain Index-1, points</b>	0,081 -0,134	0,082 -0,045	0,168 +0,027	0,166 -0,037						0,722
<b>E. coli faeces, lg CFU/g</b>	8,43 8,32 -0,11	8,17 8,26 +0,09	8,40 8,39 0,00	8,04 8,36 +0,33	,0024	,700	2,43	,101	,120	8,66 0,030
<b>IgG Serum, g/L</b>	9,4 14,6 +5,2	16,5 16,5 +0,0	14,6 15,5 +0,9	12,2 14,9 +2,7	,0021	,785	1,55	,238	,282	12,75 0,206
<b>0-Lymphocytes of Blood, %</b>	-4,3 4,1 +8,4	0,1 -0,8 -0,9	7,6 3,9 -3,7	4,6 2,8 -1,8	,0032	,515	5,35	,009	,080	0 <b>5,56</b>
<b>Entropy of Immunocytogram</b>	0,995 0,977 -0,018	0,957 0,952 -0,004	0,956 0,968 +0,012	0,970 0,972 +0,002	,0025	,658	2,94	,063	,133	0,960 0,059
<b>Erhydrocyturia, lg/L</b>	3,00 3,42 +0,42	2,96 3,07 +0,11	3,07 3,08 +0,01	3,13 2,99 -0,14	,0031	,542	4,78	,014	,238	2,70 0,095
<b>Bacteriuria, lg CFU/L</b>	0,37 2,35 +1,98	1,06 0,56 -0,50	2,21 2,11 -0,10	1,78 0,61 -1,16	,0019	,856	,96	,436	,116	0 <b>0,98</b>
<b>Bifidobacterium faeces, lg CFU/g</b>	5,85 6,00 +0,15	5,32 5,73 +0,41	5,46 6,53 +1,07	4,59 6,04 +1,45	,0022	,767	1,72	,201	,003	6,94 0,164
<b>Phagocytose Index vs E. coli, %</b>	99,0 95,3 -3,7	99,4 99,5 +0,1	98,6 97,7 -0,9	99,1 99,5 +0,4	,0021	,801	1,40	,276	,291	98,3 0,012
<b>Hemolytic E. coli faeces, %</b>	2 0 -2	13 17 +4	15 2 -13	45 5 -40	,0020	,831	1,15	,357	,283	0 <b>25</b>
<b>Entropy of Leukocytogram</b>	0,665 0,663 -0,001	0,639 0,637 -0,003	0,677 0,666 -0,012	0,648 0,664 +0,016	,0020	,846	1,03	,405	,138	0,681 0,070
<b>Variables currently not in the model</b>	<b>N/S (2)</b>	<b>N/N (18)</b>	<b>S/S (10)</b>	<b>N-/N (14)</b>	Wilks $\Lambda$	Par-tial $\Lambda$	F to enter	p-le-vel	Tole-ran-cy	Norm Cv (30)
<b>Popovych's Leukocytary Strain Index-2, points</b>	0,261 0,105 -0,156	0,179 0,107 -0,072	0,199 0,178 -0,021	0,302 0,245 -0,057	,0014	,851	,93	,447	,009	0,065 0,618
<b>Popovych's Leukocytary Adaptation Index-2, points</b>	0,74 0,62 -0,12	0,90 1,03 +0,13	0,62 0,72 +0,10	0,64 0,83 +0,19	,0016	,956	,24	,865	,193	1,70 0,147
<b>Interleukin-1, ng/L</b>	5,41 4,31 -1,10	4,52 4,13 -0,39	4,79 5,12 +0,34	5,27 5,33 +0,06	,0016	,991	,05	,986	,212	4,51 0,173
<b>Tumor Necrose Factor-<math>\alpha</math>, ng/L</b>	6,84 6,00 -0,84	6,02 5,75 -0,27	5,70 5,51 -0,19	6,74 6,15 -0,59	,0016	,951	,28	,841	,381	4,90 0,326
<b>Interleukin-6, ng/L</b>	5,91 5,36 -0,55	5,37 5,19 -0,18	5,16 5,03 -0,13	5,84 5,45 -0,39	,0016	,947	,30	,826	,385	4,25 0,324
<b>Secretory IgA Saliva, mg/L</b>	390 335 -55	485 508 +23	499 459 -40	518 505 -13	,0015	,924	,44	,726	,086	622 0,153
<b>Lysozime Saliva, mg/L</b>	154 150 -4	169 172 +3	172 167 -5	173 172 -1	,0016	,960	,22	,881	,086	180 0,168
<b>IgA Saliva, mg/L</b>	98 69 -29	149 156 +7	123 112 -11	125 138 +13	,0016	,960	,22	,880	,026	415 0,241

<b>Bacteriuria, points</b>	0,05 0,50 +0,45	0,24 0,15 -0,11	0,53 0,48 -0,05	0,41 0,13 -0,28	,0014	,871	,79	,516	,105	0 <b>0,24</b>
<b>Erthrocyturia, points</b>	0,10 0,19 +0,09	0,09 0,12 +0,03	0,09 0,09 0,00	0,13 0,09 -0,04	,0016	,961	,22	,882	,096	0 <b>0,10</b>
<b>Leukocyturia, points</b>	0,05 0,14 +0,09	0,20 0,16 -0,04	0,12 0,04 -0,09	0,25 0,10 -0,16	,0014	,847	,96	,434	,085	0 <b>0,15</b>
<b>Attenuated E. coli faeces, %</b>	35 43 +8	65 56 -9	66 40 -26	75 50 -25	,0015	,924	,44	,726	,038	17,4 0,500
<b>Klebsiela&amp;Proteus faeces, %</b>	18 21 +3	17 13 -4	5 4 -2	24 7 -18	,0015	,932	,39	,763	,035	10 0,500
<b>Phagocytose Index vs Staphylococcus aureus, %</b>	99,0 99,2 +0,2	99,0 99,2 +0,2	98,3 98,3 0,0	98,6 99,2 +0,6	,0015	,920	,47	,710	,357	98,3 0,018
<b>Microbial Count vs Staphylococcus aureus, Bact/Phagoc.</b>	66 63 -3	60 64 +4	61 58 -3	65 64 -1	,0016	,982	,10	,959	,589	61,6 0,160
<b>Microbial Count vs E. coli, Bacteria/Phagocyte</b>	70 61 -9	62 66 +4	64 56 -8	67 66 -1	,0016	,959	,23	,874	,111	54,7 0,194
<b>Bactericidity vs Staphylococcus aureus, 10<sup>9</sup> Bacteria/L</b>	130 63 -67	98 105 +7	75 79 +4	85 118 +33	,0016	,983	,09	,964	,280	106 0,100
<b>Leukocytes of Blood, 10<sup>9</sup>/L</b>	7,25 5,89 -1,36	5,81 5,56 -0,25	5,47 5,20 -0,27	5,53 6,00 +0,47	,0016	,956	,25	,863	,206	5,00 0,100
<b>Monocytes of Blood, %</b>	8,2 7,1 -1,1	5,6 4,9 -0,7	6,8 7,0 +0,3	5,5 6,2 +0,8	,0014	,873	,78	,524	,053	6,0 0,083
<b>Pan-Lymphocytes of Blood, %</b>	37,3 42,4 +5,1	29,7 30,4 +0,7	40,3 40,6 +0,3	34,3 32,1 -2,2	,0014	,873	,78	,524	,007	32,0 0,174
<b>CD8<sup>+</sup>CD3<sup>+</sup> T-cytolytic Lymphocytes, %</b>	25,5 25,0 -0,5	23,8 25,7 +1,9	21,8 21,6 -0,2	22,1 21,0 -1,1	,0016	,991	,05	,986	,242	23,5 0,138
<b>CD22<sup>+</sup> B-Lymphocytes, %</b>	29,5 23,0 -6,5	23,9 24,5 +0,6	20,4 23,8 +3,4	23,4 23,8 +0,4	,0016	,991	,05	,986	,008	20,0 0,175
<b>IgA Serum, g/L</b>	1,40 1,20 -0,20	2,16 1,93 -0,22	1,26 1,41 +0,15	1,77 1,83 +0,06	,0015	,928	,42	,743	,101	1,875 0,167
<b>IgM Serum, g/L</b>	1,20 1,40 +0,20	1,48 1,49 0,00	1,41 1,35 -0,06	1,44 1,50 +0,06	,0015	,900	,59	,631	,361	1,15 0,239
<b>CD56<sup>+</sup> Natural Killer Lymphocytes, %</b>	17,8 20,9 +3,1	16,7 15,3 -1,5	24,0 23,7 -0,3	23,7 22,1 -1,6	,0016	,991	,05	,986	,334	17,0 0,172

**Table 4. Summary of Stepwise Analysis for Changes in Variables of Immunity and Microbiota in Clusters. The variables are ranked by criterion Lambda**

Variables currently in the model	F to enter	p-level	$\Lambda$	F-value	p-level
<b>Bactericidity vs E. coli, 10<sup>9</sup> Bacteria/L</b>	13,4	10 <sup>-5</sup>	,498	13,4	10 <sup>-5</sup>
<b>Killing Index vs Staph. aureus, %</b>	4,8	,006	,363	8,6	10 <sup>-6</sup>
<b>CD4<sup>+</sup>CD3<sup>+</sup> T-helper Lymphocytes, %</b>	3,3	,029	,287	6,9	10 <sup>-6</sup>
<b>IgG Saliva, mg/L</b>	3,1	,040	,230	6,1	10 <sup>-6</sup>
<b>CD3<sup>+</sup> T-active Lymphocytes, %</b>	2,2	,106	,195	5,4	10 <sup>-6</sup>
<b>Eosinophiles of Blood, %</b>	2,1	,116	,165	4,9	10 <sup>-6</sup>
<b>Lactobacillus faeces, lg CFU/g</b>	2,5	,078	,135	4,7	10 <sup>-6</sup>
<b>Killing Index vs E. coli, %</b>	2,3	,093	,112	4,5	10 <sup>-6</sup>
<b>Circulating Immune Complexes, units</b>	5,1	,006	,076	4,9	10 <sup>-6</sup>
<b>Leukocyturia, lg/L</b>	3,6	,025	,056	5,1	10 <sup>-6</sup>
<b>Popovych's Adaptation Index-1, points</b>	2,8	,055	,044	5,1	10 <sup>-6</sup>
<b>Segmentonuclear Neutrophiles of Blood, %</b>	2,8	,058	,034	5,1	10 <sup>-6</sup>
<b>Stub Neutrophiles of Blood, %</b>	3,0	,046	,026	5,2	10 <sup>-6</sup>
<b>Popovych's Strain Index-1, points</b>	2,4	,086	,020	5,2	10 <sup>-6</sup>
<b>E. coli faeces, lg CFU/g</b>	3,7	,024	,014	5,5	10 <sup>-6</sup>
<b>IgG Serum, g/L</b>	2,3	,106	,011	5,5	10 <sup>-6</sup>
<b>0-Lymphocytes, %</b>	2,1	,121	,009	5,5	10 <sup>-6</sup>
<b>Entropy of Immunocytogram</b>	3,4	,036	,006	5,8	10 <sup>-6</sup>
<b>Erhthrocyturia, lg/L</b>	3,2	,045	,004	6,1	10 <sup>-6</sup>
<b>Bacteriuria, lg CFU/L</b>	1,7	,202	,003	6,0	10 <sup>-6</sup>
<b>Bifidobacterium faeces, lg CFU/g</b>	1,5	,256	,003	5,9	10 <sup>-6</sup>
<b>Phagocytose Index vs E. coli, %</b>	1,3	,289	,002	5,8	10 <sup>-6</sup>
<b>Hemolytic E. coli faeces, %</b>	1,1	,361	,002	5,6	10 <sup>-6</sup>
<b>Entropy of Leukocytogram</b>	1,0	,405	,002	5,4	10 <sup>-6</sup>

Next, the 24-dimensional space of discriminant variables transforms into 3-dimensional space of canonical roots, which are a linear combination of discriminant variables. The canonical correlation coefficient is for Root 1 0,976 (Wilks'  $\Lambda=0,0017$ ;  $\chi^2_{(72)}=186$ ;  $p<10^{-6}$ ), for Root 2 0,930 (Wilks'  $\Lambda=0,0345$ ;  $\chi^2_{(46)}=98$ ;  $p<10^{-4}$ ) and for Root 3 0,863 (Wilks'  $\Lambda=0,254$ ;  $\chi^2_{(22)}=40$ ;  $p=0,012$ ). The major root contains 68% of discriminative properties, the second 22% and the minor 10%.

Table 5 presents standardized (normalized) and raw (actual) coefficients for discriminant variables. The calculation of the discriminant root values for each person as the sum of the products of raw coefficients to the individual values of discriminant variables together with the constant enables the visualization of each patient in the information space of the roots.

**Table 5. Standardized and Raw Coefficients and Constants for changes in Variables of Immunity and Microbiota**

Variables	Coefficients			Standardized			Raw		
	Root 1	Root 2	Root 3	Root 1	Root 2	Root 3	Root 1	Root 2	Root 3
<b>Bactericidity vs E. coli, 10<sup>9</sup> Bacteria/L</b>	1,977	1,153	-1,351	,082	,048	-,056			
<b>Killing Index vs Staph. aureus, %</b>	,188	,085	-,448	,022	,010	-,053			
<b>CD4<sup>+</sup>CD3<sup>+</sup> T-helper Lymphocytes, %</b>	4,564	-,929	-,102	,949	-,193	-,021			
<b>IgG Saliva, mg/L</b>	-1,666	,623	1,138	-,576	,216	,393			
<b>CD3<sup>+</sup> T-active Lymphocytes, %</b>	,474	1,044	-,788	,091	,201	-,152			
<b>Eosinophiles of Blood, %</b>	-1,196	,434	1,678	-,596	,216	,836			
<b>Lactobacillus faeces, lg CFU/g</b>	-,763	-,641	8,902	-,484	-,407	5,649			
<b>Killing Index vs E. coli, %</b>	-5,218	-,378	-1,519	-,403	-,029	-,117			
<b>Circulating Immune Complexes, units</b>	2,739	-,679	,710	,131	-,032	,034			
<b>Leukocyturia, lg/L</b>	-2,513	-,823	-,806	-3,338	-1,094	-1,071			
<b>Popovych's Adaptation Index-1, points</b>	-,837	1,185	-,274	-1,303	1,845	-,426			
<b>Segmentonuclear Neutrophiles of Blood, %</b>	2,461	-,616	1,268	,371	-,093	,191			
<b>Stub Neutrophiles of Blood, %</b>	-1,461	,840	,711	-1,147	,660	,558			
<b>Popovych's Strain Index-1, points</b>	-1,009	,524	-,572	-4,735	2,462	-2,684			
<b>E. coli faeces, lg CFU/g</b>	-,004	1,237	1,258	-,011	3,384	3,440			
<b>IgG Serum, g/L</b>	,431	-,787	-,256	,101	-,185	-,060			
<b>0-Lymphocytes, %</b>	1,707	-1,889	,554	,268	-,297	,087			
<b>Entropy of Immunocytogram</b>	1,341	-,497	,927	49,47	-18,32	34,19			
<b>Erhydrocyturia, lg/L</b>	-,545	1,109	,879	-1,406	2,860	2,266			
<b>Bacteriuria, lg CFU/L</b>	,641	-,133	-1,056	,749	-,155	-1,234			
<b>Bifidobacterium faeces, lg CFU/g</b>	4,554	-,420	-7,957	3,427	-,316	-5,988			
<b>Phagocytose Index vs E. coli, %</b>	-,390	,223	,815	-,268	,153	,560			
<b>Hemolytic E. coli faeces, %</b>	,466	,369	,604	,010	,008	,013			
<b>Entropy of Leukocytogram</b>	,452	-,941	-,457	10,83	-22,59	-10,97			
			<b>Constants</b>	-2,514	-,559	-,421			
			<b>Cumulated Properties</b>	,681	,899	1,000			

Table 5 shows the correlation coefficients of immunity and microbiota changes (discriminant variables) with canonical discriminant roots, the cluster centroids of both roots, and the normalized immunity and microbiota change values of the discriminant variables, as well as not included in the discriminant model because not getting a variable into the model does not always indicate a lack of recognition ability, but may be a consequence of redundancy of information.

**Table 5. Correlations Variables-Canonical Roots, Means of Roots and Z-scores of changes in Variables of Immunity and Microbiota for Clusters**

Variables	Correlations Variables-Roots			N/S (2)	N/N (18)	S/S (10)	N-/N (14)
	R 1	R 2	R 3				
<b>Root 1 (68%)</b>				<b>-6,50</b>	<b>-3,47</b>	<b>-0,73</b>	<b>+5,91</b>
<b>Killing Index vs Staph. aureus, %</b>	<b>,164</b>	,174	-,251	+0,64 -2,30 <b>-2,94</b>	-1,32 -1,16 +0,16	-1,39 -0,45 +0,94	-1,83 -0,50 <b>+1,33</b>
<b>Bactericidity vs E. coli, 10<sup>9</sup> Bacteria/L</b>	<b>,153</b>	,290	-,050	+5,55 -2,81 <b>-8,36</b>	-0,01 +0,94 +0,96	-2,81 -2,67 +0,14	-1,95 +1,03 <b>+2,98</b>
<b>CD4<sup>+</sup>CD3<sup>+</sup> T-helper Lymphocytes, %</b>	<b>,104</b>	,049	-,018	-2,47 -3,86 <b>-1,39</b>	-1,23 -1,27 -0,03	-4,11 -3,86 +0,25	-4,10 -2,84 <b>+1,26</b>
<b>Lactobacillus faeces, lg CFU/g</b>	<b>,085</b>	-,009	-,013	-0,73 -0,59 <b>+0,14</b>	-1,42 -1,08 +0,34	-1,31 -0,42 +0,88	-2,10 -0,87 <b>+1,23</b>
<b>Bifidobacterium faeces, lg CFU/g</b>	<b>,081</b>	-,010	-,025	-0,96 -0,83 <b>+0,13</b>	-1,42 -1,06 +0,36	-1,30 -0,36 +0,94	-2,07 -0,79 <b>+1,28</b>
<b>E. coli faeces, lg CFU/g</b>	<b>,076</b>	,036	,081	-0,89 -1,31 <b>-0,43</b>	-1,88 -1,52 0,36	-1,02 -1,03 -0,01	-2,40 -1,14 <b>+1,26</b>
<b>Phagocytose Index vs E. coli, %</b>	<b>,072</b>	,230	,055	0,59 -2,57 <b>-3,16</b>	0,93 1,04 +0,11	0,25 -0,55 -0,80	0,65 1,02 <b>+0,36</b>
<b>Stub Neutrophiles of Blood, %</b>	<b>,069</b>	,077	,145	-2,60 -3,60 <b>-1,01</b>	-1,99 -1,54 +0,45	-2,79 -3,49 -0,70	-3,78 -2,29 <b>+1,48</b>
<b>Entropy of Leukocytogram</b>	<b>,049</b>	,005	,095	-0,34 -0,37 <b>-0,03</b>	-0,87 -0,93 -0,06	-0,07 -0,32 -0,25	-0,70 -0,36 <b>+0,34</b>
<b>Circulating Immune Complexes, units</b>	<b>,045</b>	,019	-,048	-0,37 -1,00 <b>-0,63</b>	-0,14 -0,21 -0,07	-0,74 -0,54 +0,21	-1,04 -0,66 <b>+0,38</b>
<b>Segmentonucleary Neutrophiles of Blood, %</b>	<b>,028</b>	,040	-,044	-0,92 -1,75 <b>-0,83</b>	+0,67 +0,62 -0,05	-1,42 -1,34 +0,08	-0,20 -0,03 <b>+0,16</b>
<b>Bactericidity vs Staphylococcus aureus, 10<sup>9</sup> Bacteria/L</b>	currently not in the model			+2,27 -4,08 <b>-6,35</b>	-0,72 -0,07 +0,65	-2,93 -2,53 +0,40	-1,93 +1,18 <b>+3,10</b>
<b>Leukocytes of Blood, 10<sup>9</sup>/L</b>	currently not in the model			+4,50 +1,78 <b>-2,72</b>	+1,62 +1,11 -0,51	+0,94 +0,40 -0,54	+1,06 +1,99 <b>+0,93</b>
<b>Popovych's Adaptation Index-2, points</b>	currently not in the model			-3,84 -4,32 <b>-0,48</b>	-3,20 -2,66 +0,54	-4,32 -3,93 +0,39	-4,25 -3,50 <b>+0,75</b>
<b>Monocytes of Blood, %</b>	currently not in the model			+4,37 +2,23 <b>-2,13</b>	-0,87 -2,23 -1,36	+1,54 +2,09 +0,56	-1,09 +0,50 <b>+1,59</b>
<b>IgA Saliva, mg/L</b>	currently not in the model			-3,17 -3,46 <b>-0,29</b>	-2,66 -2,58 +0,07	-2,92 -3,03 -0,11	-2,90 -2,77 <b>+0,13</b>
<b>Bacteriuria, lg CFU/L</b>	<b>-,133</b>	-,235	-,054	+0,38 +2,40 <b>+2,02</b>	+1,08 +0,57 -0,51	+2,25 +2,15 -0,11	+1,81 +0,63 <b>-1,19</b>
<b>Leukocyturia, lg/L</b>	<b>-,096</b>	-,112	,083	-1,29	+1,07	+0,40	+1,54

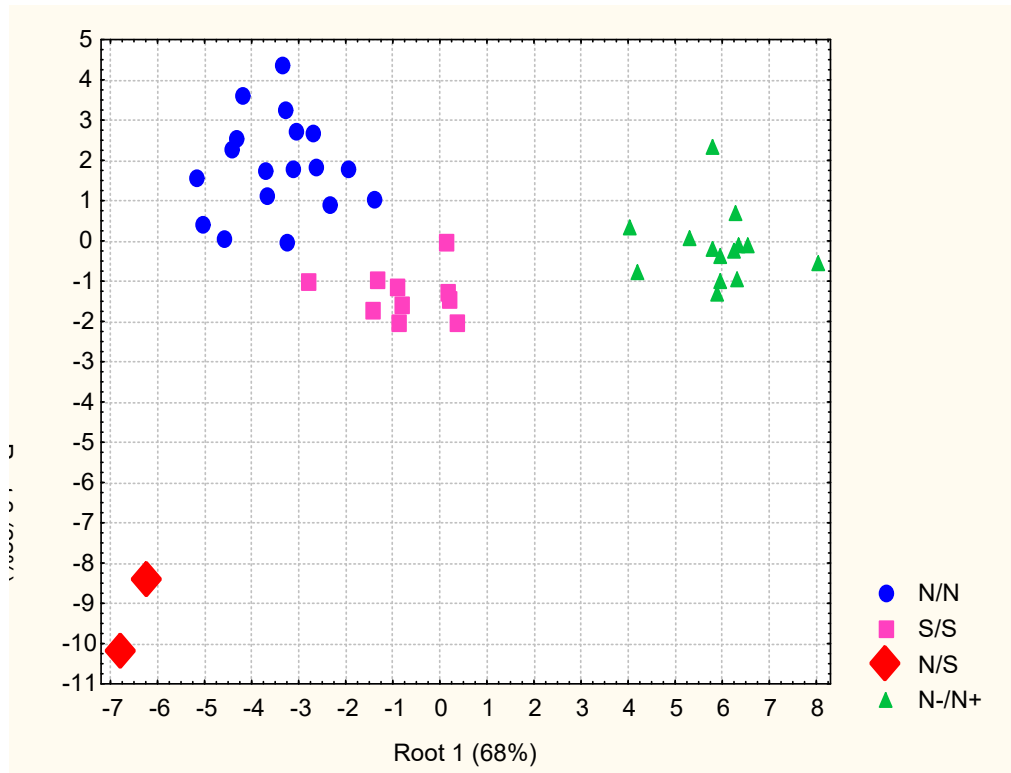
				+1,11 <b>+2,39</b>	+0,84 -0,23	-0,12 -0,52	+0,31 <b>-1,23</b>
<b>Hemolytic E. coli faeces, %</b>	<b>-,096</b>	,037	-,012	+0,10 0,00 -0,10	+0,53 +0,70 +0,17	+0,60 +0,08 -0,52	+1,81 +0,22 <b>-1,58</b>
<b>Erthrocyturia, lg/L</b>	<b>-,076</b>	-,037	,065	+1,17 +2,82 <b>+1,65</b>	+1,00 +1,42 +0,42	+1,44 +1,49 +0,06	+1,67 +1,14 <b>-0,53</b>
<b>Eosinophiles of Blood, %</b>	<b>-,031</b>	-,029	,075	-0,97 +0,41 <b>+1,37</b>	+0,29 +0,27 -0,02	+0,59 -0,02 -0,61	+1,91 +1,36 -0,54
<b>Bacteriuria, points</b>	currently not in the model			+0,21 +2,08 <b>+1,88</b>	+0,98 +0,53 -0,46	+2,20 +2,01 -0,19	+1,72 +0,54 <b>-1,17</b>
<b>Leukocyturia, points</b>	currently not in the model			+0,33 +0,95 <b>+0,62</b>	+1,33 +1,10 -0,23	+0,83 +0,26 -0,57	+1,67 +0,64 <b>-1,03</b>
<b>Erthrocyturia, points</b>	currently not in the model			+1,00 +1,93 <b>+0,93</b>	+0,86 +1,18 +0,32	+0,89 +0,89 0,00	+1,31 +0,91 -0,41
<b>Pan-Lymphocytes of Blood, %</b>	currently not in the model			+0,96 +1,87 <b>+0,91</b>	-0,41 -0,29 +0,12	+1,48 +1,53 +0,05	+0,42 +0,03 <b>-0,39</b>
<b>CD56<sup>+</sup> Natural Killer Lymphocytes, %</b>	currently not in the model			+0,27 +1,34 <b>+1,07</b>	-0,09 -0,59 -0,50	+2,39 +2,28 -0,11	+2,29 +1,76 <b>-0,53</b>
<b>Klebsiela&amp;Proteus faeces, %</b>	currently not in the model			+1,70 +2,20 <b>+0,50</b>	1,32 0,57 -0,75	-0,92 -1,22 -0,30	+2,86 -0,66 <b>-3,52</b>
<b>Attenuated E. coli faeces, %</b>	currently not in the model			+1,01 +1,50 <b>+0,49</b>	+2,74 +2,21 -0,53	+2,80 +1,31 -1,49	+3,32 +1,84 -1,48
<b>Root 2 (22%)</b>				-9,30	<b>+1,89</b>	<b>-1,32</b>	-0,16
<b>CD3<sup>+</sup> T-active Lymphocytes, %</b>	,016	<b>,148</b>	,039	+0,60 -0,80 -1,40	0,00 +0,27 <b>+0,27</b>	-0,60 -0,92 <b>-0,32</b>	-0,38 -0,27 +0,11
<b>IgG Saliva, mg/L</b>	,007	<b>,143</b>	,134	+0,88 +0,57 -0,31	+0,72 +0,88 <b>+0,16</b>	+0,80 +0,63 <b>-0,17</b>	+0,64 +0,72 +0,08
<b>Popovych's Adaptation Index-1, points</b>	-,027	<b>,030</b>	-,022	-4,32 -4,32 0,00	-1,54 -0,73 <b>+0,80</b>	-3,45 -2,88 <b>+0,57</b>	-3,02 -3,02 0,00
<b>Microbial Count vs E. coli, Bacteria/Phagocyte</b>	currently not in the model			+1,42 +0,56 -0,85	+0,75 +1,11 <b>+0,36</b>	+0,84 +0,10 <b>-0,75</b>	+1,19 +1,08 -0,11
<b>Microbial Count vs Staph. aureus, Bacteras/Phagocyte</b>	currently not in the model			+0,41 +0,12 -0,29	-0,19 +0,23 <b>+0,42</b>	-0,05 -0,31 <b>-0,26</b>	+0,35 +0,22 -0,13
<b>Secretory IgA Saliva, mg/L</b>	currently not in the model			-2,44 -3,01 -0,58	-1,43 -1,20 <b>+0,24</b>	-1,29 -1,71 <b>-0,43</b>	-1,09 -1,23 -0,14
<b>CD8<sup>+</sup>CD3<sup>+</sup> T-cytolytic Lymphocytes, %</b>	currently not in the model			+0,62 +0,46 -0,15	+0,09 +0,67 <b>+0,58</b>	-0,52 -0,59 <b>-0,06</b>	-0,42 -0,77 -0,35
<b>Lysozime Saliva, mg/L</b>	currently not in the model			-0,85 -1,00 -0,15	-0,34 -0,25 <b>+0,09</b>	-0,27 -0,43 <b>-0,16</b>	-0,23 -0,26 -0,03
<b>IgG Serum, g/L</b>	,044	<b>-,105</b>	,069	-1,28 +0,70	+1,41 +1,42	+0,70 +1,06	-0,21 +0,82

				+1,98	<b>+0,01</b>	<b>+0,35</b>	+1,03
<b>Root 3 (10%)</b>				+3,14	<b>+0,66</b>	<b>-2,86</b>	+0,74
<b>Killing Index vs E. coli, %</b>	,083	,107	<b>-,204</b>	1,11 -1,26 -2,37	-1,58 -1,34 <b>+0,24</b>	-1,94 -0,89 <b>+1,05</b>	-2,29 -1,31 +0,97
<b>Entropy of Immunocytogram</b>	,028	,005	<b>-,150</b>	+0,62 +0,30 -0,32	-0,06 -0,13 <b>-0,08</b>	-0,07 +0,14 <b>+0,21</b>	+0,18 +0,21 +0,04
<b>Popovych's Strain Index-1, points</b>	-,033	,016	<b>-,136</b>	+3,05 +0,28 -2,77	+1,24 +0,32 <b>-0,93</b>	+1,53 +2,09 <b>+0,57</b>	+2,80 +2,04 -0,76
<b>Popovych's Strain Index-2, points</b>	currently not in the model			+4,89 +1,00 -3,89	+2,85 +1,06 <b>-1,79</b>	+3,34 +2,82 <b>-0,52</b>	+5,90 +4,49 -1,41
<b>CD22<sup>+</sup> B-Lymphocytes, %</b>	currently not in the model			+2,71 +0,86 -1,86	+1,11 +1,29 <b>+0,17</b>	+0,11 +1,09 <b>+0,97</b>	+0,96 +1,08 +0,12
<b>IgA Serum, g/L</b>	currently not in the model			-1,52 -2,16 -0,64	+0,90 +0,18 <b>-0,72</b>	-1,98 -1,49 <b>+0,49</b>	-0,32 -0,15 +0,18
<b>Interleukin-1, ng/L</b>	currently not in the model			+1,15 -0,26 -1,41	+0,01 -0,49 <b>-0,50</b>	+0,36 +0,79 <b>+0,43</b>	+0,97 +1,05 +0,08
<b>0-Lymphocytes, %</b>	-,034	-,083	<b>,171</b>	-0,77 +0,73 +1,50	+0,02 -0,15 <b>-0,17</b>	+1,37 +0,71 <b>-0,66</b>	+0,82 +0,50 -0,32
<b>IgM Serum, g/L</b>	currently not in the model			+0,18 +0,91 +0,73	+1,21 +1,22 <b>+0,01</b>	+0,95 +0,73 <b>-0,22</b>	+1,06 +1,26 +0,20
<b>Phagocytose Index vs Staphyl. aur., %</b>	currently not in the model			+0,40 +0,50 +0,11	+0,40 +0,51 <b>+0,11</b>	+0,03 0,00 <b>-0,03</b>	+0,19 +0,52 +0,32

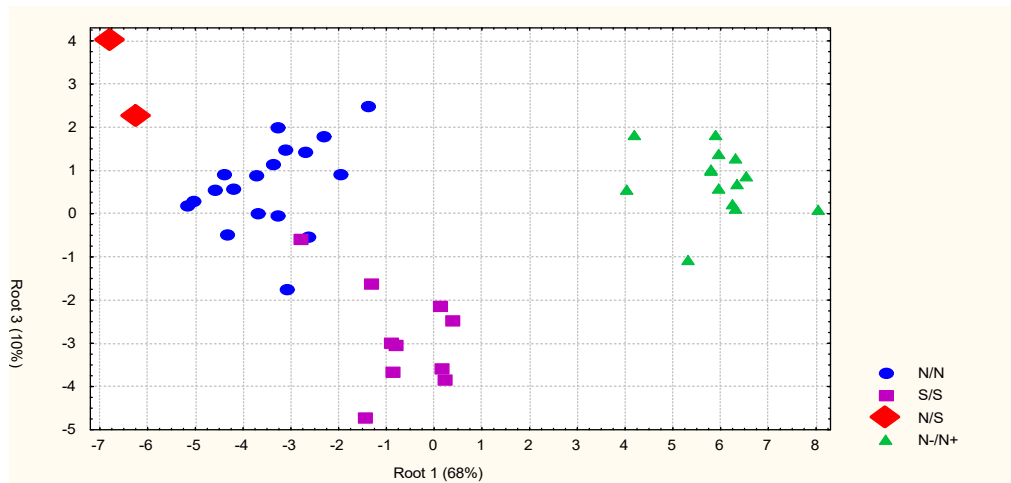
Extreme right localization along the axis of the first root of members of the **N-/N** cluster (Figs. 8 and 10) reflects their maximally increase in parameters that correlate with the root **positively**, and maximally decrease in parameters that correlate with the root **inversely**. Instead, the leftmost localization of the **N/S** cluster members reflects the maximum decrease/increase in the same parameters. The members of other clusters do not differ in the totality of the parameters listed (mixed along the axis of the first root).

Instead, the members of the **N/N** and **S/S** cluster are clearly distinguished along the axis of the second root (Figs. 8 and 11). Higher **N/N** cluster localization reflects an increase in the parameters associated with this root, whereas in the lower members of the **S/S** cluster these parameters decrease under the influence of balneofactors (regarding IgG Serum changes on the contrary).

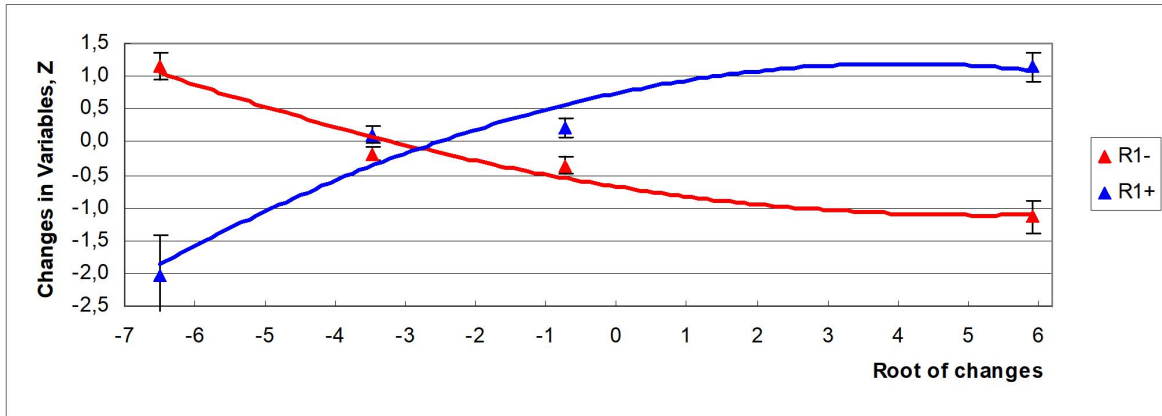
According to another constellation of parameters, these two clusters are delimited along the axis of the third root (Fig. 9 and 12).



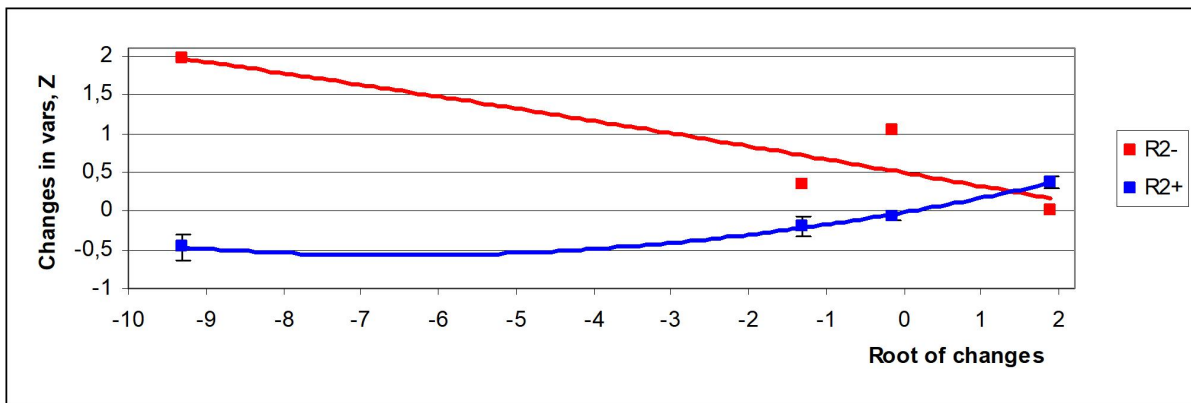
**Fig. 8.** Scatterplot of individual values of the first and second roots in which condensed information about of the changes in Immunity and Microbiota of the members of the four clusters



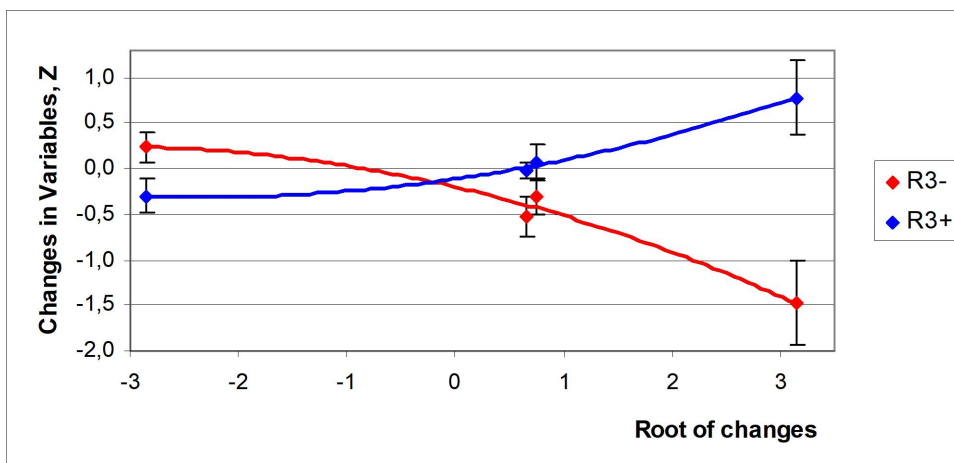
**Fig. 9.** Scatterplot of individual values of the first and third roots in which condensed information about of the changes in Immunity and Microbiota of the members of the four clusters



**Fig. 10.** Patterns of changes in Immunity and Microbiota parameters, the information of which is condensed in the first root



**Fig. 11.** Patterns of changes in Immunity parameters, the information of which is condensed in the second root



**Fig. 12.** Patterns of changes in Immunity parameters, the information of which is condensed in the third root

In general, all four clusters on the planes of the discriminant roots are quite clearly delineated, which is documented by calculating the Mahalanobis distances (Table 6).

**Table 6. Squared Mahalanobis Distances between Clusters, F-values (df=24,2) and p-levels**

Clusters	N/N	S/S	N/S	N-/N
N/N	0	33	155	101
S/S	3,5 0,005	0	146	64
N/S	2,6 0,024	2,3 0,038	0	268
N-/N	13,2 10 <sup>-6</sup>	6,0 0,0002	4,4 0,001	0

The same discriminant parameters can be used to identify the belonging of one or another person to one or another cluster. This purpose of discriminant analysis is realized with the help of classifying functions (Table 7).

**Table 7. Coefficients and Constants for Classification Functions of Clusters**

Clusters	N/N	S/S	N/S	N-/N
<b>Variables</b>	p=,409	p=,227	p=,045	p=,318
<b>Bactericidity vs E. coli, 10<sup>9</sup> Bacteria/L</b>	-,020	,250	-,946	,649
<b>Killing Index vs Staph. aureus, %</b>	,003	,218	-,309	,187
<b>CD4<sup>+</sup>CD3<sup>+</sup> T-helper Lymphocytes, %</b>	-1,520	1,768	-2,291	7,768
<b>IgG Saliva, mg/L</b>	1,693	-1,958	2,005	-4,114
<b>CD3<sup>+</sup> T-active Lymphocytes, %</b>	,182	,322	-2,720	,614
<b>Eosinophiles of Blood, %</b>	2,070	-3,195	3,533	-3,887
<b>Lactobacillus faeces, lg CFU/g</b>	5,872	-14,06	25,91	2,608
<b>Killing Index vs E. coli, %</b>	,213	-,382	1,473	-3,515
<b>Circulating Immune Complexes, units</b>	-,179	,162	-,129	1,114
<b>Leukocyturia, lg/L</b>	,043	-1,809	19,75	-29,09
<b>Popovych's Adaptation Index-1, points</b>	5,719	-2,248	-12,02	-10,29
<b>Segmentonuclear Neutrophiles of Blood, %</b>	-,482	,156	-,095	3,200
<b>Stub Neutrophiles of Blood, %</b>	3,120	-4,094	,604	-8,929
<b>Popovych's Strain Index-1, points</b>	5,82	-5,55	-14,01	-43,79
<b>E. coli faeces, lg CFU/g</b>	13,14	-9,845	-16,14	6,392
<b>IgG Serum, g/L</b>	-,388	,692	1,224	,934
<b>0-Lymphocytes, %</b>	-1,035	,342	1,688	2,092
<b>Entropy of Immunocytogram</b>	-89,93	-16,53	49,75	413,7
<b>Erhydrocyturia, lg/L</b>	10,81	-10,17	-11,29	-8,03
<b>Bacteriuria, lg CFU/L</b>	-3,161	3,732	-6,757	4,080
<b>Bifidobacterium faeces, lg CFU/g</b>	-10,83	20,65	-32,55	21,46
<b>Phagocytose Index vs E. coli, %</b>	,717	-2,482	1,206	-2,068
<b>Hemolytic E. coli faeces, %</b>	,033	-,012	-,056	,115
<b>Entropy of Leukocytogram</b>	-92,43	48,14	100,1	54,35
<b>Constants</b>	-5,532	-6,945	-56,21	-37,96

We can retrospectively recognize members of three clusters unmistakably, and only the cluster S/S is with one error (Table 8).

**Table 8. Classification Matrix for Clusters**

Rows: Observed classifications; Columns: Predicted classifications

	Percent	N/N	S/S	N/S	N-/N
	Correct	p=,409	p=,227	p=,045	p=,318
N/N	100	<b>18</b>	0	0	0
S/S	90,0	1	<b>9</b>	0	0
N/S	100	0	0	<b>2</b>	0
N-/N+	100	0	0	0	<b>14</b>
Total	97,7	19	9	2	14

The next article will analyze the related changes in the parameters of the autonomic nervous and endocrine systems, as well as metabolism.

### ACKNOWLEDGMENT

We express sincere gratitude to administration of JSC “Truskavets’kurort” and “Truskavets’ SPA” as well as clinical sanatorium “Moldova” for help in conducting this investigation.

### ACCORDANCE TO ETHICS STANDARDS

Tests in patients are conducted in accordance with positions of Helsinki Declaration 1975, revised and complemented in 2002, and directive of National Committee on ethics of scientific researches. During realization of tests from all participants the informed consent is got and used all measures for providing of anonymity of participants. For all authors any conflict of interests is absent.

### REFERENCES

1. Aldenderfer MS, Blashfield RK. Cluster analysis (Second printing, 1985) [trans. from English in Russian]. In: Factor, Discriminant and Cluster Analysis. Moskva. Finansy i Statistika; 1989: 139-214.
2. Balanovs’kyi VP, Popovych IL, Karpynets’ SV. About ambivalence-equilibratory character of influence of curative water Naftussya on organism of human [in Ukrainian]. Dopovidi ANU. Mat., pryр., tekhn. Nauky. 1993; 3: 154-158.
3. Barylyak LG, Malyuchkova RV, Tolstanov OB, Tymochko OB, Hryvnaк RF, Uhryn MR. Comparative estimation of informativeness of leucocytary index of adaptation by Garkavi and by Popovych. Medical Hydrology and Rehabilitation. 2013; 11(1): 5-20.
4. Chebanenko OI, Chebanenko LO, Popovych IL. Variety Balneoeffects of Factors Spa Truskavets’ and their Forecast [in Ukrainian]. Kyiv: UNESCO-SOCIO; 2012: 496 p.
5. Douglas SD, Quie PG. Investigation of Phagocytes in Disease. Churchill; 1981: 110 p.
6. Gozhenko OA, Lukyanchenko OI, Mel’nyk OI, Zukow WA, Popovych IL. The immune profiles and microbiota in persons whose immune status is susceptible or resistant to chronic stress. In: Collection of Proceedings of the Scientific and Practical Conference: Galician Readings "Contemporary ideas on the pathogenesis of inflammation: local and systemic mechanisms" (Ivano-Frankivs’k, 19-20 September). Ivano-Frankivs’k: IFNMU; 2019: 74-75.
7. Gozhenko AI, Zukow W, Polovynko IS, Zajats LM, Yanchij RI, Portnichenko VI, Popovych IL. Individual Immune Responses to Chronic Stress and their Neuro-Endocrine Accompaniment. RSW. UMK. Radom. Torun; 2019: 200 p.
8. Ivassivka SV, Bilas VR, Popovych AI. Stresslimiting effects of ozokerite on neuro-endocrine-immune complex at rats. In: International Scientific Congress and 61-st Session of the General Assembly of the World Federation of Hydrotherapy Climatotherapy (FEMTEC). Congress materials (China, November 26-28, 2008): 216-217.

9. Ivassivka SV, Bilas VR, Popovych AI. Influence applications of ozokerite on phone of chronic stress on parameters of neuro-endocrine-immune complex and hydro-electrolyte exchange at rats. Communication 1: Stresslimiting, sanogene and neutral effects [in Ukrainian]. Medical Hydrology and Rehabilitation. 2008; 6(4): 65-72.
10. Khaitov RM, Pinegin BV, Istamov KhI. Ecological Immunology [in Russian]. Moskwa: VNIRO; 1995: 219 p.
11. Khodak OL, Bilas VR, Nazarenko NK. Variants of immunotropic and clinical effects of balneotherapy at Truskavets spa in individuals after radical treatment of oncopathology [in Ukrainian]. Medical Hydrology and Rehabilitation. 2006; 4(3): 9-32.
12. Klecka WR. Discriminant Analysis [trans. from English to Russian] (Seventh Printing, 1986). In: Factor, Discriminant and Cluster Analysis. Moskva: Finansy i Statistika; 1989: 78-138.
13. Kostyuk PG, Popovych IL, Ivassivka SV (editors). Chornobyl', Adaptive and Defensive Systems, Rehabilitation [in Ukrainian]. Kyiv. Computerpress; 2006: 348 p.
14. Kul'chyns'kyi AB, Zukow W. Three variants of immune responses to balneotherapy at the spa Truskavets' in patients with chronic pyelonephritis and cholecystitis. Journal of Education, Health and Sport. 2018; 8(3): 476-489.
15. Lapovets' LY, Lutsyk BD. Handbook of Laboratory Immunology [in Ukrainian]. Lviv; 2002: 173 p.
16. Lukyanchenko OI, Gozhenko OA, Mel'nyk OI, Zukow W, Popovych IL. Features of the immune profile and microbiota in persons whose immune status is susceptible or resistant to chronic stress. Journal of Education, Health and Sport. 2019; 9(3): 601-611.
17. Mel'nyk OI, Lukyanchenko OI, Gozhenko OA, Popovych IL. Features of the parameters of EEG in persons whose immune status is susceptible or resistant to chronic stress. Experimental and Clinical Physiology and Biochemistry. 2019; 2(86): 11-23.
18. Petsyukh SV, Petsyukh MS, Kovbasnyuk MM, Barylyak LG, Zukow W. Relationships between Popovych's Adaptation Index and parameters of ongoing HRV and EEG in patients with chronic pyelonephrite and cholecystite in remission. Journal of Education, Health and Sport. 2016; 6(2): 99-110.
19. Popadynets' OO, Gozhenko AI, Zukow W, Popovych IL. Relationships between the entropies of EEG, HRV, immunocytogram and leukocytogram. Journal of Education, Health and Sport. 2019; 9(5): 651-666.
20. Popovych AI. Features of the immunotropic effects of partial components of the balneotherapeutic complex of spa Truskavets'. Journal of Education, Health and Sport. 2018; 8(12): 919-935.
21. Popovych IL. Information effects of bioactive water Naftyssya in rats: modulation entropic, prevention desynchronizing and limitation of disharmonizing actions water immersion stress for information components of neuro-endocrine-immune system and metabolism, which correlates with gastroprotective effect [in Ukrainian]. Medical Hydrology and Rehabilitation. 2007; 5(3): 50-70.
22. Popovych IL, Gumega MD, Verba IE, Popovych AI, Korolyshyn TA, Tkachuk SP, Ostapenko VM, Zukow W. Comparative investigation effects on nervous and immune systems of bioactive water Naftussya spa Truskavets' and stable water solution of Boryslav's ozokerite. Journal of Education, Health and Sport. 2016; 6(4): 364-374.
23. Popovych IL, Kul'chyns'kyi AB, Gozhenko AI, Zukow W, Kovbasnyuk MM, Korolyshyn TA. Interrelations between changes in parameters of HRV, EEG and phagocytosis at patients with chronic pyelonephritis and cholecystitis. Journal of Education, Health and Sport. 2018; 8(2): 135-156.
24. Popovych IL, Polovynko IS, Zajats LM, Mel'nyk OI. Sexual dimorphism of the neuroendocrine-immune complex and its reactions on chronic stress at rats. Experimental and Clinical Physiology and Biochemistry. 2018; 3(83): 5-17.
25. Popovych IL, Struk ZD, Vis'tak-Markevych HI, Duda NB, Korda MM. Sexual dimorphism of reactions of the neuroendocrine-immune complex and metabolism to adaptogenic balneotherapy in individuals with dysadaptosis. In: Proceedings of the XI Scientific-Practical Conference (with international participation) "Topical issues of pathology in the event of emergency factors on the body" (Ternopil, October 4-5, 2018). Ternopil, 2018: 49-50.

26. Struk ZD. Relationships between neurohormonal and immunotropic effects of balneotherapy with Naftussya bioactive water [in Ukrainian]. In: Proceedings of the II Scientific-Practical Conference (with international participation) "Topical issues of pathology in the event of emergency factors on the body" (Ternopil, November 5-6, 2009). Achievements of clinical and experimental medicine. 2009. 2(11): 140-140.
27. Struk ZD. Cluster analysis of immunotropic effects of Naftussya bioactive water in women with thyroid hyperplasia [in Ukrainian]. In: Bulletin of VIII readings by VV Podvysotskyi (Odesa, May 28-29, 2009). Odesa. OSMU; 2009: 189-191.
28. Struk ZD. Multialternativeness of immunotropic effects of bioactive water Naftussya in conditions of drinking monotherapy [in Ukrainian]. Medical Hydrology and Rehabilitation. 2009; 7(2): 92-96.
29. Struk ZD. Neuroendocrine and clinical accompaniment of various immunotropic effects of bioactive water Naftussya [in Ukrainian]. Medical Hydrology and Rehabilitation. 2009; 7(4): 51-65.
30. Struk ZD. Variants of immunotropic effects of the course of drinking bioactive water Naftusia in women with chronic endocrine and gynecological pathology In: Proceedings of the X Scientific-Practical Conference (with international participation) "Topical issues of pathology in the event of emergency factors on the body" (Ternopil, October 5-6, 2017). Ternopil, 2017: 40-41.
31. Struk ZD, Mel'nyk OI, Mysakovets' OG. Individual immune responses to adaptogens and their predictors. In: Rehabilitation Medicine and Health-Resort Institutions Development. Proceedings of the 19th International Applied Research Conference (Kyiv, 11-12 December 2019). Edited by O. Gozhenko, W. Zukow. Toruń, Kyiv. 2019: 83-84.
32. Sydoruk NO, Zukow W. Differences between the effects of water Naftussya from fields of Truskavets' and Pomyarky on the parameters of the EEG, HRV, immunity and metabolism. Journal of Education, Health and Sport. 2019; 9(1): 287-293.
33. Shannon CE. Works on the theory of informatics and cybernetics [transl. from English to Russian]. Moskwa: Inostrannaya literatura; 1963: 329 p.
34. Yushkovs'ka OG. Using information theory to study adaptive responses in the body athletes [in Ukrainian]. Medical Rehabilitation, Kurortology, Physiotherapy. 2001; 1(25): 40-43.